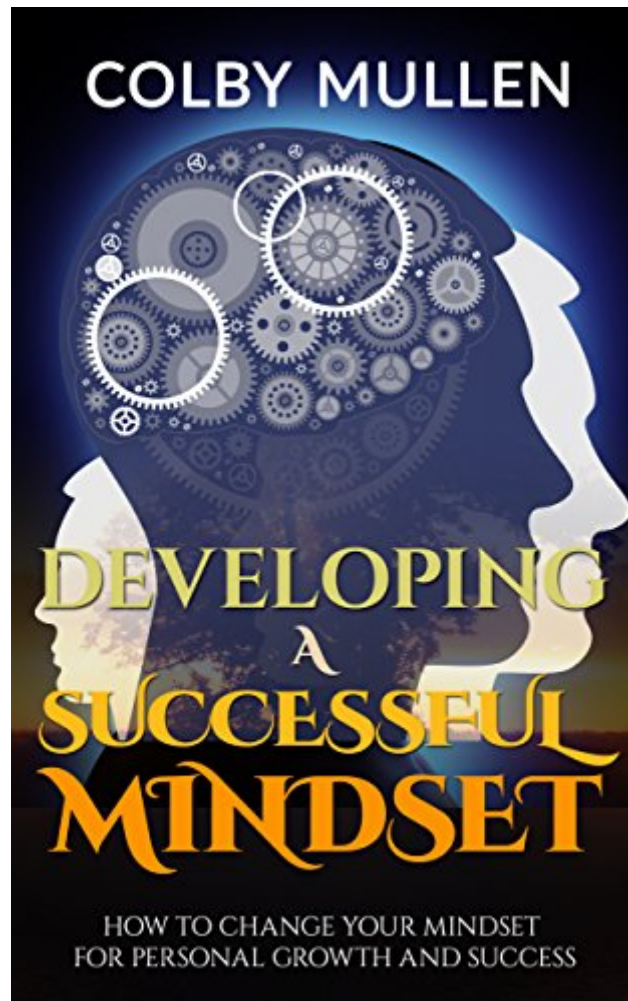


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# Developing A Successful Mindset: How To Change Your Mindset For Personal Growth And Success



## Synopsis

**Successful People Have Special Mindsets** What distinguishes success-oriented people and those who live while simply trying to avoid failures? The first group operates a progressive system of beliefs about themselves and their role in the world. The second group, on the contrary, has a rigid set of attitudes and beliefs. In any case, it is the type of mindset that matters. It is the pillar on which the potential of change and success stands. It is very important to understand that people develop traits and abilities throughout their whole lives. The same goes with the mindset, which is, simply speaking, a belief about personal characteristics and talents. We learn, change, and improve â “ this helps us grow personally, professionally, and socially. We can modify our lifestyle and adapt to the challenges of the environment in which we live. Every person needs to work on development of his or her mindset, as this will help him or her to become flexible and auspicious. Switching from the fixed mindset to the mindset of growth is an advance towards the path of progress and high achievements. Colby Mullen will reveal the procedures and tips on how to develop a successful mindset. **Developing a Successful Mindset** Fixed Mindset Growth Mindset Beliefs Success as a Result of a Growth Mindset What kind of mindset do you have? Changing your mindset

## Book Information

File Size: 1948 KB

Print Length: 73 pages

Publication Date: September 8, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B0155LNXXE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #469,008 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11

inÂ Kindle Store > Kindle eBooks > Law > Intellectual Property > Communications #29 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Movements > Humanistic #37 inÂ Books > Law > Intellectual Property > Communications

## Customer Reviews

I have been a bad place for months now, and I just needed to get myself back on track. I refuse to let myself wallow in self pity, so I wanted to really do something to reset myself. Thankfully I found this amazing book, and now I know the answer to my problem; I need to change my mindset! I had been in a bad place for so long that I was constantly assuming the worst, and that no matter what I did, I couldn't change it. I was interpreting everything around me as something negative, so negative things kept happening to me and I just didn't understand why. I totally get it now, and every single day I wake up and the first thing I do is decide my mindset for my day, and that no matter what I can change how I see the problems in my life and do something about them. I can't believe the difference it has made in how my day goes and feels, and even how I treat the people around me. Everyone is noticing the change, and I am happy to keep working and changing every day. What a great book!

This book has been amazing to me, and has changed the way that I have looked at my life completely. Because of the information contained within this book, I have been able to control negative thoughts in my life, which has allowed me to live my life with a greater sense of freedom. This book has taught me to get rid of a closed mindset (called a "fixed" mindset in the book) and learn how to adapt and grow. Because of this shift in mindset, I have been able to better understand the way my own mind works and how I can use the power of my own mind to live my life more freely. The book is written amazingly. It is so easy to read, and does not take too terribly long to read. It had so much actionable information that I just kept wanting to read. I can't recommend this highly enough. If you want to understand and change the way you think, this is the best possible book for you.

Honestly before I read this book, I didn't even really know what a "mindset" was. I always thought it as my attitude about things, but it is really so much more than that; it is really how you deal with and perceive the world around you, and how you react to these things. As soon as I started reading this book, I knew that it could really make a difference in my life if I really listened and took everything in. I learned that I had a fixed-mindset and that it was really affecting my every day life and how I could live it; happily or unhappily. Clearly my fixed-mindset had chosen unhappy so I have been slowly working on a growth mindset instead! I know now that I can appreciate what I have, but it's also important to strive for more and to grow and change. This book has seriously been incredibly helpful, and I am seeing changes in myself every day.

My whole life I've always been a bit of a pessimist; kind of a glass half empty person. I've finally reached the point in my life where my negativity is starting to affect the people around me, so much so that I don't seem to have as many friends the last few years. My sister read this book and immediately knew I could use the advice and needed a change. I am so thankful to her because I had no idea how badly I needed a change of mindset! I love the idea of changing your mindset, and that it's not just my bad attitude and no one likes me. I am happy to say that it is making a difference day by day. I just have to remember every morning that my mindset is up to me, and I can grow and change.

Fantastic book on developing the mindset of success. So much great information every sentence held a gem of information it seemed. Instant classic in my book. It covers the mindsets developed by Dr. Carol Dweck in her book Mindset and expands on them in some great ways. I especially liked the section on tweaking your internal monologue to bring more positivity into your life. Great book which I highly recommend.

First of all, if the first few chapters of the book were all that was included, it would be 100% worth your money. The information about how to understand your mindset and the difference between a fixed and growth mindset is more than most people will ever learn about how their minds work in a lifetime. That information in a few short chapters is fantastic and will change how you think. However, that's not all that's in the book. It was so helpful to me to learn about how my thoughts and what I tell myself can change so much about how I live my life. It also taught me about how powerful good thoughts can be | They can make or break my success in life. The book is easy to read and great for people that don't actually like reading, because it has no extra fluff • material or filler. It is all useful information. I definitely recommend.

The type of mindset shapes your future. You can change your mindset to be successful. I learned a lot how to develop a successful mind. Highly recommended.

Very useful on changing your mindset and improving your life. It's a great self-help book. The author did a good job getting the point across.

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